

14-Night Menu

Crew #:

Please reference the dietary bingo chart for every meal - note that **dietary substitutions are individual**, and do not affect the remaining crew's meal amounts. Baypost can provide additional pots/pans for separated cooking and so forth. Menu subject to change based on product availability. **Always pack for 9 - rosters can change! Always round up!**

Interpreter Dietary Requirements

Crew Dietary Requirements

LOC. 12 Breakfasts

B1	Peanut Butter/Banana Sandwiches A	Quantity
	That's Smart Honey Graham Crackers	<u>1</u> box per <u>crew</u>
	DYMA PB&J Sleeves	<u>9</u> sleeves per <u>crew</u>
	Power Snacks Banana Chips, 1oz	<u>9</u> pkgs per <u>crew</u>
	Nutrigrain Bars - Blueberry	<u>9</u> bars per <u>crew</u>
	Planters Tropical Fruit & Nut Trail Mix	<u>9</u> pkgs per <u>crew</u>
BIN	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B2	Ely Maple Granola	Quantity
	Maple Almond Granola, 12oz	<u>3</u> bags per <u>crew</u>
	Country Meats Sticks - Sweet Maple Bacon	<u>18</u> sticks per <u>crew</u>
	Welch's Fruit 'n Yogurt Snacks - Blueberry Acai	<u>9</u> pkts per <u>crew</u>
	Nature Valley Fruit & Nut Bars	<u>9</u> bars per <u>crew</u>
BIN	That's Smart Dry Milk Powder	<u>1</u> pkt per <u>crew</u>
BIN	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B3	Maple Brown Sugar Oatmeal	Quantity
	Hearty Traditions Maple Brown Sugar Oatmeal	<u>18</u> pkts per <u>crew</u>
	Power Snacks Raisins	<u>9</u> pkgs per <u>crew</u>
	Country Meats Sticks - Sweet Annie Brown	<u>9</u> sticks per <u>crew</u>
	Materne GoGo Squeeze Applesauce - Apple Apple	<u>9</u> pkgs per <u>crew</u>
	Our Family Peanut Butter Dark Chocolate Protein Bars	<u>9</u> bars per <u>crew</u>
	Planters Nuts & Chocolate Trail Mix	<u>9</u> pkgs per <u>crew</u>
BIN	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B4	Pop Tarts	Quantity
	Pop Tarts - Strawberry	<u>9</u> pkgs per <u>crew</u>
	Planters Honey Roasted Peanuts	<u>9</u> pkts per <u>crew</u>
	Zee Zees Dried Pineapple	<u>9</u> pkgs per <u>crew</u>
	Our Family Peanut Almond Dark Chocolate Protein Bars	<u>9</u> bars per <u>crew</u>
	Zee Zees Sweet Heat Trail Mix	<u>9</u> pkts per <u>crew</u>
BIN	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B5	Pancakes	Quantity
	Hungry Jack Pancake Mix	<u>1</u> box per <u>crew</u>
	Log Cabin Pancake Syrup, Original	<u>1</u> bottle per <u>crew</u>
	Spam Singles	<u>9</u> pkgs per <u>crew</u>
	Clif Kid Z-Bar Protein Bars - Chocolate Chip	<u>9</u> bars per <u>crew</u>
	Power Snacks Tropical Treasures	<u>9</u> pkgs per <u>crew</u>
	Ocean Spray Blueberry Cran Snack Medley	<u>9</u> pkgs per <u>crew</u>
BIN	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B6	Ely Cinnamon Raisin Granola	Quantity
	Cinnamon Raisin Granola	<u>3</u> bags per <u>crew</u>
	Zee Zees MixZees	<u>9</u> pkgs per <u>crew</u>
	Zee Zees Soft Baked Bar - Cinnamon Crisp	<u>9</u> bars per <u>crew</u>
	Kar's Original Trail Mix	<u>9</u> pkts per <u>crew</u>
BIN	That's Smart Dry Milk Powder	<u>1</u> pkt per <u>crew</u>
BIN	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>

B7	Protein Bars A	Quantity
	Special K Strawberry Protein Bars	<u>9</u> bars per <u>crew</u>
	Highland Beef Original Deli Sticks	<u>9</u> sticks per <u>crew</u>
	Craisins - Orange	<u>9</u> pkts per <u>crew</u>
	Zee Zees Honey Roasted Sunflower Kernels	<u>9</u> pkgs per <u>crew</u>
	Ocean Spray Yogurt-Dipped Cranberry Bites	<u>2</u> bags per <u>crew</u>
	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B8	Peanut Butter/Banana Sandwiches B	Quantity
	That's Smart Honey Graham Crackers	<u>1</u> box per <u>crew</u>
	DYMA PB&J Sleeves	<u>9</u> sleeves per <u>crew</u>
	Power Snacks Banana Chips, 1oz	<u>9</u> pkgs per <u>crew</u>
	Zee Zees Soft Baked Bar - Strawberry Crisp	<u>9</u> bars per <u>crew</u>
	Imperial Fruit & Nut Blend	<u>9</u> pkgs per <u>crew</u>
	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B9	Apple Cinnamon Oatmeal A	Quantity
	Quaker Protein Instant Oatmeal - Apples & Cinnamon	<u>18</u> pkts per <u>crew</u>
	Zee Zees Fava Bean Crisps - Churro	<u>9</u> pkgs per <u>crew</u>
	Zee Zees MixZees	<u>9</u> pkgs per <u>crew</u>
	Riffs Smokehouse Sweet Candied Bacon	<u>9</u> pkgs per <u>crew</u>
	Nature Valley Blueberry Nut Protein Bars	<u>9</u> bars per <u>crew</u>
	Imperial Energy Blend	<u>9</u> bags per <u>crew</u>
	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B10	Ely Maple Granola B	Quantity
	Maple Almond Granola, 12oz	<u>3</u> bags per <u>crew</u>
	Country Meats Sticks - Sweet Maple Bacon	<u>18</u> sticks per <u>crew</u>
	Welch's Fruit 'n Yogurt Snacks - Blueberry Acai	<u>9</u> pkts per <u>crew</u>
	Nature Valley Fruit & Nut Bars	<u>9</u> bars per <u>crew</u>
	Zee Zees Honey Roasted Sunflower Kernels	<u>9</u> pkgs per <u>crew</u>
	That's Smart Dry Milk Powder	<u>1</u> pkt per <u>crew</u>
	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B11	Protein Bars B	Quantity
	Clif Protein Bars	<u>9</u> bars per <u>crew</u>
	Highland Beef Original Deli Sticks	<u>9</u> sticks per <u>crew</u>
	Craisins - Orange	<u>9</u> pkts per <u>crew</u>
	Power Snacks Tropical Treasures	<u>9</u> pkgs per <u>crew</u>
	Planters Honey Roasted Peanuts	<u>9</u> pkts per <u>crew</u>
	Ocean Spray Yogurt-Dipped Cranberry Bites	<u>2</u> bags per <u>crew</u>
	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>
B12	Apple Cinnamon Oatmeal B	Quantity
	Quaker Protein Instant Oatmeal - Apples & Cinnamon	<u>18</u> pkts per <u>crew</u>
	Peeled Snacks Dried Apples	<u>9</u> pkgs per <u>crew</u>
	Country Meats Sticks - Sweet Annie Brown	<u>18</u> sticks per <u>crew</u>
	Materne GoGo Squeeze Applesauce - Apple Apple	<u>9</u> pkgs per <u>crew</u>
	Our Family Peanut Almond Dark Chocolate Protein Bars	<u>9</u> bars per <u>crew</u>
	Planters Nuts & Chocolate Trail Mix	<u>9</u> pkgs per <u>crew</u>
	Electrolyte Drink Packets	<u>9</u> pkts per <u>crew</u>

13 Lunches

L1	Fresh Lunch (must use on Day 1)	Quantity
SHF	Fresh Bread	2 loaves per crew
FRD	Jennie-O Turkey Lunch Meat, 1lb Pack	2 packs per crew
FRD	Our Family American Cheese Slices, 24ct pack	1 pkg per crew
FRD	Fresh Apples	9 apples per crew
	Crav'n Animal Cookies	1 box per crew
FNT	Mustard Packets	18 pkts per crew
FNT	Mayonnaise Packets	18 pkts per crew
BIN	Electrolyte Drink Packets	9 pkts per crew
L2	Bagels (must use on Day 2 or Day 3)	Quantity
SHF	Lender's Bagels, 6ct	2 bags per crew
CMN	DYMA PB&J Sleeves	9 sleeves per crew
	Mott's Fruit Snacks, Berry	9 pkgs per crew
	Zee Zees Fava Bean Crisps	9 pkgs per crew
	Lay's Stax	2 cans per crew
BIN	Electrolyte Drink Packets	9 pkts per crew
L3	Chicken Salad Pitas	Quantity
SHF	Grecian Delight Chicago Style Pita Bread - 10ct	1 bag per crew
	Starkist Premium White Chicken Pouches	9 pouches per crew
	Austin Peanut Butter Crackers	9 pkgs per crew
	Pearson's Salted Nut Rolls	9 rolls per crew
	Fruit Roll-Ups - Crazy Colors	18 pkgs per crew
FNT	Mustard Packets	18 pkts per crew
FNT	Mayonnaise Packets	18 pkts per crew
FNT	Relish Packets	18 pkts per crew
BIN	Electrolyte Drink Packets	9 pkts per crew
L4	Summer Sausage Crackers A	Quantity
	Appleways Veggie Crackers	9 pkgs per crew
	Highland Beef Cheese Wedges, Original	9 wheels per crew
	Elliott's Up North Summer Sausages	3 sausages per crew
	Materne GoGo Squeeze Applesauce - Cinnamon	9 pkgs per crew
	That's It Fruit Bars	9 bars per crew
	Zee Zees Grahamz	9 pkgs per crew
BIN	Electrolyte Drink Packets	9 pkts per crew
L5	Hudson Bay Bread A	Quantity
CMN	Hudson Bay Bread	9 bars per crew
CMN	DYMA PB&J Sleeves	9 sleeves per crew
	Peeled Snacks Dried Apples	9 pkgs per crew
	Zee Zees Half Popped Popcorn - Salsa	9 pkgs per crew
BIN	Electrolyte Drink Packets	9 pkts per crew
L6	Pepperoni Pizza	Quantity
SHF	Catallia 8" Tortillas 12ct	2 bags per crew
	Highland Beef Mozzarella Cheese Blocks	5 blocks per crew
	Hormel Pepperoni Slices	3 pkgs per crew
	Contadina Pizza Squeeze Pizza Sauce	1 bottle per crew
	Fruithaven Dried Cherries	9 pkgs per crew
	Twizzlers, 16oz	1 pkg per crew
BIN	Electrolyte Drink Packets	9 pkts per crew

L7	Bagel Chips & Hummus	Quantity
	New York Style Bagel Crisps - Roasted Garlic	2 bags per crew
	Zee Zees Hummus - Original	9 cups per crew
	Highland Beef Beef & Cheddar Sticks	9 pkgs per crew
	Kar's Honey Cashews	9 pkgs per crew
	Materne GoGo Squeeze Applesauce - Cinnamon	9 pouches per crew
	Rice Krispies Treats	9 bars per crew
	Electrolyte Drink Packets	9 pkts per crew
L8	Chicken Salad & Crackers	Quantity
	Keebler Townhouse Crackers	3 sleeves per crew
	Starkist Premium White Chicken Pouches	9 pouches per crew
	Zee Zees Honey Roasted Sunflower Kernels	9 pkts per crew
	Glutino Covered Pretzels	2 bags per crew
	That's It Fruit Bars	9 bars per crew
	Mustard Packets	18 pkts per crew
	Mayonnaise Packets	18 pkts per crew
	Relish Packets	18 pkts per crew
	Electrolyte Drink Packets	9 pkts per crew
L9	Hudson Bay Bread B	Quantity
	Hudson Bay Bread	9 bars per crew
	DYMA PB&J Sleeves	9 sleeves per crew
	Fruithaven Sour Berries	9 pkgs per crew
	Zee Zees Half Popped Popcorn - Salsa	9 pkgs per crew
	Electrolyte Drink Packets	9 pkts per crew
L10	Summer Sausage Crackers B	Quantity
	Cheeze-It Grooves Sharp White Cheddar Crackers	1 box per crew
	Highland Beef Cheese Wedges, Original	9 wheels per crew
	Elliott's Up North Summer Sausages	3 sausages per crew
	Zee Zees Soft Baked Bars - Blueberry Lemon	9 bars per crew
	That's It Fruit Bars	9 bars per crew
	Electrolyte Drink Packets	9 pkts per crew
L11	Bean Burrito Crackers	Quantity
	Town House Pita Crackers - Everything	1 box per crew
	Zee Zees Bean Dipz	9 cups per crew
	Highland Beef Mozzarella Blocks	5 blocks per crew
	Zee Zees Half Popped Popcorn - Cocoa Churro	9 pkgs per crew
	Mott's Fruit Snacks, Berry	9 pkgs per crew
	Twizzlers, 16oz	1 pkg per crew
	Electrolyte Drink Packets	9 pkts per crew
L12	Tuna & Triscuits	Quantity
	Triscuits - Fire Roasted Tomato and Olive Oil	2 boxes per crew
	Tuna Pouches	9 pouches per crew
	Highland Beef Cheese Wedges, Original	9 wheels per crew
	Fruithaven Dried Cherries	9 pkgs per crew
	Kar's Salted Almonds	9 pkgs per crew
	Electrolyte Drink Packets	9 pkgs per crew
L13	Pepperoni Pizza Bites	Quantity
	New York Style Bagel Crisps - Roasted Garlic	2 bags per crew
	Hormel Pepperoni Slices	3 pkgs per crew
	Highland Beef Gouda Cheese Dip	9 cups per crew
	Crav'n Animal Cookies	1 box per crew
	Sun-Maid Yogurt Covered Raisins	9 pkts per crew
	Electrolyte Drink Packets	9 pkts per crew

12 Dinners

D1 Voyageur Fajitas		Quantity	
SHF	Catallia 8" Tortillas 12ct	2 pkgs	per crew
	Our Family Spanish Rice	2 boxes	per crew
FRZ	Frozen Pre-cooked Chicken, 1.5lb Pack	1 pack	per crew
FRD	Green Peppers	1 pepper	per crew
PRDC	Onions	1 onion	per crew
	Fajita Seasoning	1 packet	per crew
	Herdez Taqueria Street Sauce, Roja	1 bottles	per crew
FRD	Bongards Cheddar Cheese Block, 16oz	1 blocks	per crew
	Our Family Chocolate Pudding Mix	3 boxes	per crew

D2 Northwoods Spaghetti A		Quantity	
CMN	Rotini Pasta	2 boxes	per crew
CMN	Freeze Dried Hamburger Crumbles, 9oz	1 pkg	per crew
CMN	Tomato Powder, 4.5oz	1 pkt	per crew
	Lawry's Spaghetti Seasoning	2 pkts	per crew
FRD	Green Peppers	1 pepper	per crew
PRDC	Onions	1 onion	per crew
SHF	Lender's Bagels, 6ct	2 bags	per crew
	Betty Crocker Fudge Brownie Mix	1 bag	per crew

D3 Kekakabic Supreme		Quantity	
	Our Family Scalloped Potatoes	2 boxes	per crew
CMN	Freeze Dried Sausage Crumbles, 9oz	1 pkg	per crew
CMN	Freeze Dried Corn, 4.5oz	1 pkg	per crew
	Bisquick Complete Biscuit Mix - Buttermilk	2 bags	per crew
	Betty Crocker Blueberry Muffin Mix	2 bags	per crew

D4 Poo Bah Burgoo		Quantity	
CMN	Freeze Dried Chicken, 9oz	1 pkg	per crew
	Shore Lunch Wild Rice Soup Mix	2 bags	per crew
	Highland White Rice, Parboiled, 13oz	1 bag	per crew
CMN	Freeze Dried Peas, 4.5oz	1 pkg	per crew
SHF	Grecian Delight Chicago Style Pita Bread - 10ct	1 bag	per crew
CMN	That's Smart Graham Crackers	1 box	per crew
	Our Family Marshmallows	1 bag	per crew
	Hershey's Milk Chocolate Bars	9 bars	per crew

D5 Charlie's Kraft Bacon Mac		Quantity	
CMN	Macaroni Pasta	2 boxes	per crew
	Oscar Mayer Bacon Bits	2 pkgs	per crew
CMN	Cheese Sauce Powder, 4.5oz	2 pkts	per crew
CMN	Freeze Dried Green Beans, 4.5oz	1 pkg	per crew
CMN	Freeze Dried Carrots, 4.5oz	1 pkg	per crew
	Our Family Devil's Food Cake Mix	1 box	per crew
CMN	Nutella Hazelnut Spread	1 jar	per crew

D6 Chili Mac		Quantity	
CMN	Macaroni Pasta	2 boxes	per crew
	Shore Lunch Chili Mix	2 pkgs	per crew
CMN	Cheese Sauce Powder, 4.5oz	2 pkts	per crew
CMN	Freeze Dried Hamburger Crumbles, 9oz	1 pkg	per crew
CMN	Freeze Dried Corn, 4.5oz	1 pkg	per crew
	Combread Mix	2 bags	per crew
	Betty Crocker Chocolate Chip Muffin Mix	2 bags	per crew

D7 Pesto Pasta		Quantity	
	Egg Noodles, 16oz	2 bags	per crew
CMN	Freeze Dried Chicken, 9oz	1 pkg	per crew
	Knorr Pesto Seasoning	3 pkts	per crew
	Kraft Parmesan Cheese, 3oz	1 jar	per crew
CMN	Freeze Dried Carrots, 4.5oz	1 pkg	per crew
	Bisquick Complete Biscuit Mix - Buttermilk	2 bags	per crew
	Chocolate Sandwich Cookies	5 pkts	per crew

D8 Red Beans & Rice		Quantity	
	Zatarain's Red Beans & Rice Mix	3 boxes	per crew
SHF	Catallia 8" Tortillas, 12ct	1 bag	per crew
	Freeze Dried Sausage, 9oz	1 pkg	per crew
	Freeze Dried Corn, 4.5oz	1 pkg	per crew
	Our Family No-Bake Cheesecake Mix	1 box	per crew
	That's Smart Dry Milk Powder	1 pkt	per crew
	That's Smart Honey Graham Crackers	1 box	per crew

D9 BBQ Chicken		Quantity	
CMN	Freeze Dried Chicken, 9oz	1 pkg	per crew
	Idahoan Instant Mashed Potatoes	4 pkts	per crew
MN	Freeze Dried Peas, 4.5oz	1 pkg	per crew
	Combread Mix	2 bags	per crew
	Ritz Cheese Crispers - Four Cheese & Herb	1 box	per crew
	Our Family Vanilla Pudding Mix	3 boxes	per crew
	Vanilla Wafers	1 pkg	per crew
FNT	BBQ Sauce Packets	27 pkts	per crew

D10 Enchilladas		Quantity	
	Shore Lunch Tortilla Soup Mix	2 bags	per crew
SHF	Catallia 8" Tortillas, 12ct	2 bags	per crew
	Our Family Spanish Rice	2 boxes	per crew
CMN	Freeze Dried Chicken, 9oz	1 pkg	per crew
	Sour Cream Powder, 4.5oz	1 pkg	per crew
	Freeze Dried Black Beans, 4.5oz	1 pkg	per crew
CMN	Freeze Dried Corn, 4.5oz	1 pkg	per crew
	Our Family Classic Yellow Cake Mix	1 box	per crew

D11 Charlie's Kraft Tuna Mac		Quantity	
CMN	Macaroni Pasta	2 boxes	per crew
	Tuna Pouches	3 pouches	per crew
CMN	Cheese Sauce Powder, 4.5oz	2 pkts	per crew
CMN	Freeze Dried Peas, 4.5oz	1 pkg	per crew
CMN	Freeze Dried Carrots, 4.5oz	1 pkg	per crew
	Betty Crocker Blueberry Muffin Mix	2 bags	per crew

D12 Northwoods Spaghetti B		Quantity	
CMN	Rotini Pasta	2 boxes	per crew
CMN	Freeze Dried Hamburger Crumbles, 9oz	1 pkg	per crew
CMN	Tomato Powder, 4.5oz	1 pkt	per crew
	Lawry's Spaghetti Seasoning	2 pkts	per crew
CMN	Freeze Dried Green Beans, 4.5oz	1 pkg	per crew
	Betty Crocker Fudge Brownie Mix	1 bag	per crew

Required

ESTL	Essentials	Quantity
BIN	Toilet Paper	1 roll per day
FNT	Bio Bags	2 bags per day + 1 bag per female per day
FNT	Wilderness Cookery	1 book per crew
FNT	Canola Oil, 16oz	1+ bottles per crew
FNT	Cochlan's Multi Spice Wheel	1 unit per crew
HALL	Liner Bags for Food Packs	1 bag per pack

Location Key

SHF	Entry Shelf
FRD	Fridge
FRZ	Freezer (Indoor)
FRZ-O	Freezer (Outdoor)
CMN	Common
FNT	Front Shelves
PRDC	Produce Rack
BIN	Front Bins
HALL	End of Hall Outside Packing Room

Optional (hot beverage encouraged)

A&E	Additional Items & Extras	Suggested Quantity
BIN	Bannock, 1lb bag	2 bags per crew
FNT	Fish Fry	2 boxes per crew
BIN	Popcorn, 4.5oz	1 bag per crew
FNT	Parkay Butter, 12oz	2 bottles per crew
CMN	Dyma PB&J Sleeves	9 sleeves per crew
BIN	White Sugar, 1lb	1 bag per crew
BIN	Brown Sugar, 1lb	1 bag per crew
BIN	Powdered Sugar, 0.5lb	1 bags per crew
BIN	That's Smart Dry Milk Powder	1 packet per crew
FRD	Fresh Carrots, Large	5 carrots per crew
PRDC	Fresh Potatoes	1 potato per crew
PRDC	Fresh Onions	2 onions per crew
FRD	Fresh Peppers	2 peppers per crew
BVG	Beverages & Accompaniments	Suggested Quantity
BIN	Maxwell House Coffee Packets	2 packets per day
BIN	Coffee, Decaf	2 packets per day
FNT	Regular Tea Bags (Variety)	18 teabags per crew
FNT	Decaf Tea Bags (Variety)	9 teabags per crew
BIN	Swiss Miss Hot Chocolate Packets	9 packets per day
BIN	Alpine Apple Cider Packets	9 packets per day
FNT	Sugar Packets	18 packets per crew
FNT	Non-Dairy Creamer Packets	18 packets per crew
FNT	Stevia Packets	9 packets per crew
FNT	Electrolyte Drink Packets	9 packets per crew
CDMT	Condiments	Suggested Quantity
FNT	Ketchup Packets	9 packets per crew
FNT	Mustard Packets	9 packets per crew
FNT	Cholula Hot Sauce Packets	18 packets per crew
FNT	BBQ Sauce Packets	9 packets per crew
FNT	Mayonnaise Packets	9 packets per crew
FNT	Relish Packets	9 packets per crew
FNT	Soy Sauce Packets	9 packets per crew
FNT	Parmesan Cheese Packets	9 packets per crew
FNT	Honey Packets	9 packets per crew
FNT	Ranch Packets	9 packets per crew
FNT	Picante Sauce Packets	9 packets per crew
FNT	Chili Seasoning Packets	1 packet per crew
FNT	Red Pepper Flakes/Black Pepper/Salt Packets	9 packets per crew

Meal #	Good To-Go Dietary Meal Pack Info
#1	Pasta Marinara
#2	Bimbimbap
#3	Mushroom Risotto - Contains Tree Nuts
#4	Mexican Quinoa Bowl - Contains Sesame
#5	Smoked Three Bean Chili
Others	Cuban Rice Bowl - Contains Milk
Others	Kale & White Bean Soup

Departure Checklist (to be completed before hitting water)

	Did you pack your cold/fresh meals from the fridge?
	Did you pack toilet paper (1 roll/day)?
	Did you pack bio bags (2/day + 1/female/day)?
	Did you pack electrolyte drink mixes?
	Do you have a Wilderness Cookery (cookbook)?

WE'RE ALL PACKED & READY TO GO!!

SIGNATURES:

TRAIL STAFF: _____

COMMISSARY: _____

