				T11 D11								
			Reference for each me	I rail Diet al - key for Good To-Go Dietary N	ary Restriction Substitutio		u are listed in narenthes	ie ()				
			Reference for each file		urrent trail food is crustacean/sh		u are listed in parentnes	15 ().				•
	Meal	Wheat/Gluten	Peanut	Tree Nut	Soy	actose intolerant	Milk/Dairy Allergy	Sesame	EBBS	Fish	Red Meat	Vegetarian (Not Vegan)
B1 - Pe	anut Butter/Banana Sandwiches A											
	That's Smart Honey Graham Crackers	Pamela's Products GF Honey Graham Crackers			Pamela's Products GF Honey Graham Crackers							
	DYMA PB&J Sleeves		Wowbutter + Jelly singles									
	Power Snacks Banana Chips, 1oz	Craisins (2)	Craisins (2)	Craisins (2)	Craisins (2)	Craisins (2)	Craisins (2)	Craisins (2)				<b>.</b>
	Nutrigrain Bars - Blueberry	Nature's Bakery GF Fig Bars			Nature's Bakery GF Fig Bars	Nature's Bakery GF Fig Bars	Nature's Bakery GF Fig Bars					
	Planters Tropical Fruit & Nut Trail Mix		Zee Zees Sunflower Kernels - Honey Roasted <b>(2)</b>	Zee Zees Sunflower Kernels - Honey Roasted (2)	Zee Zees Sunflower Kernels - Honey Roasted (2)	Zee Zees Sunflower Kernels - Honey Roasted (2)	Zee Zees Sunflower Kernels - Honey Roasted (2)					
	Electrolyte Drink Packets											
B2 - Elv	Maple Granola											
	Maple Almond Granola, 12oz	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag		Bob's Red Mill Granola, 1/2	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag			
	Country Meats Sticks - Sweet Maple Bacon							, , , , , , , , , , , , , , , , , , , ,			Savory Wild Portabella Jerky	Savory Wild Portabella Jerky
	Welch's Fruit 'n Yogurt Snacks - Blueberry Acai				Craisins	Craisins	Craisins					
	Nature Valley Fruit & Nut Bars		88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar							
	That's Smart Dry Milk Powder					No Milk	No Milk					
	Electrolyte Drink Packets											
D2 84	aple Brown Sugar Oatmeal											
D3 - IVI							I					1
	Hearty Traditions Maple Brown Sugar Oatmeal											
	Boghosian Raisins											ļ
	Country Meats Sticks - Sweet Annie Brown										Vegan Jerky	Vegan Jerky
	Materne GoGo Squeez Applesauce - Apple Apple											
	Our Family Peanut Butter Dark Chocolate Protein Bars		Orgain Protein Bar - Chocolate Chip Cookie Dough (2)	88 Acres Banana Bread Protein Bar	Orgain Protein Bar - Chocolate Chip Cookie Dough (2)	Orgain Protein Bar - Chocolate Chip Cookie Dough (2)	Orgain Protein Bar - Chocolate Chip Cookie Dough (2)					
	Planters Chocolate & Nut Trail Mix		Zee Zees Sunflower Kernels - Honey Roasted	Zee Zees Sunflower Kernels - Honey Roasted	Zee Zees Sunflower Kernels - Honey Roasted	Zee Zees Sunflower Kernels - Honey Roasted	Zee Zees Sunflower Kernels - Honey Roasted					
	Electrolyte Drink Packets											
D4 D-												
B4 - P0	p Tarts	Katz Toaster Pastries, Strawberry			Katz Toaster Pastries, Strawberry		l					
	Pop Tarts - Strawberry	(2)	Zee Zees Sunflower Kernels -	Zee Zees Sunflower Kernels -	(2)							
	Planters Honey Roasted Peanuts		Honey Roasted (2)	Honey Roasted (2)								
	Zee Zees Dried Pineapple						88 Acres Dark					+
	Our Family Peanut Almond Dark Chocolate Protein Bars		88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	Chocolate Sea Salt Seed + Oat Bar					
	Planters Cajun Trail Mix (later Zees Sweet Heat)	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix				Zee Zees Sweet Heat Trail Mix			•	
	Electrolyte Drink Packets	l	1			l		1		l	1	
B5 - Pa	ncakes											
	Hungry Jack Pancake Mix	Hudson Bay Bread			Hudson Bay Bread	Hudson Bay Bread	Oatmeal (2) +		Hudson Bay Bread			
	Log Cabin Pancake Syrup, Original  Spam Singles										Savory Wild Portabella Jerky + Vegan Jerky	Savory Wild Portabella Jerky + Vegan Jerky
	Clif Kid Z-Bar Protein Bars - Chocolate Chip				Orgain Protein Bar - Chocolate Chip Cookie Dough	Orgain Protein Bar - Chocolate Chip Cookie Dough	Orgain Protein Bar - Chocolate Chip Cookie Dough				regarrierky	regulating
	Power Snacks Tropical Treasures	Craisins	Craisins	Craisins	Craisins	Craisins	Craisins	Craisins				<b></b>
	Ocean Spray Blueberry Cran Snack Medley Electrolyte Drink Packets	1	1			1		1		-	1	+
	LIEULIUIYLE DI IIIK PAUKELS	1	1			1	1	1	1		1	1

	Meal	Wheat/Gluten	Peanut	Tree Nut	λος	Lactose Intolerant	Milk/Dairy Allergy	Sesame	FBBS	Fish	Red Meat	Vegetarian (Not Vegan)
B6 - Ely	Cinnamon Raisin Granola											
	Cinnamon Raisin Granola	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag		Bob's Red Mill Granola, 1/2	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag				
	Zee Zees MixZees					Dag	1/2 bag	Granoia, 1/2 bag				
	Zee Zees Soft Baked Bar - Cinnamon Crisp	88 Acres Banana Bread Protein			88 Acres Banana Bread Protein	88 Acres Banana Bread	88 Acres Banana Bread					
	•	Bar			Bar	Protein Bar	Protein Bar Zee Zees Sweet Heat	Zee Zees Sweet Heat				
	Kar's Original Trail Mix		Zee Zees Sweet Heat Trail Mix	Trail Mix	Trail Mix							
	That's Smart Dry Milk Powder Electrolyte Drink Packets					No Milk	No Milk					
	,	Į.	Į.		I.		I.	l		1		
B7 - Pro	tein Bars A	OO A Barrara Barrara Barrara	OO Asses Basses Bassel Bastela	OO Assess Basses Bassed Bastala	OO A see Basses Bassel Bastela	OO A Danaara Danaari	00 4 B B					
	Special K Strawberry Protein Bars	88 Acres Banana Bread Protein Bar	88 Acres Banana Bread Protein Bar	88 Acres Banana Bread Protein Bar	88 Acres Banana Bread Protein Bar	88 Acres Banana Bread Protein Bar	88 Acres Banana Bread Protein Bar					
	Highland Beef Original Deli Sticks										Chef's Cut Chicken	Vegan Jerky
	Craisins - Orange										Jerky	,
	Zee Zees Honey Roasted Sunflower Kernels											
-	,											
	Ocean Spray Yogurt-Dipped Cranberry Bites				Craisins (2)	Craisins (2)	Craisins (2)					
	Electrolyte Drink Packets											
B8 - Pe	nut Butter/Banana Sandwiches B											
	That's Smart Honey Graham Crackers	Pamela's Products GF Honey			Pamela's Products GF Honey							
	DYMA PB&J Sleeves	Graham Crackers	Was bottom talk at all a		Graham Crackers							
	Power Snacks Banana Chips, 1oz	Craisins (2)	Wowbutter + Jelly singles Craisins (2)	Craisins (2)	Craisins (2)	Craisins (2)	Craisins (2)	Craisins (2)				
	Zee Zees Soft Baked Bar - Strawberry Crisp	88 Acres Banana Bread Protein	, ,	.,	88 Acres Banana Bread Protein	88 Acres Banana Bread	88 Acres Banana Bread	, ,				
		Bar			Bar	Protein Bar	Protein Bar Zee Zees Sweet Heat	Zee Zees Sweet Heat				
	Imperial Fruit & Nut Blend	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Trail Mix	Trail Mix				
	Electrolyte Drink Packets											
В9 - Ар	ole Cinnamon Oatmeal A											
	Quaker Protein Instant Oatmeal - Apples &				Cream of Wheat, Original (2)	Cream of Wheat, Original (2)	Cream of Wheat,					
	Cinnamon Zee Zees Fava Bean Crisps - Churro						Original (2)					
	Zee Zees MixZees											
	Riffs Smokehouse Sweet Candied Bacon										Vegan Jerky	Vegan Jerky
	Nature Valley Blueberry Nut Protein Bars		88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar					
	Invested Farmer Plant	Zee Zees Honey Roasted	Zee Zees Honey Roasted	Zee Zees Honey Roasted	Zee Zees Honey Roasted	Zee Zees Honey Roasted	Zee Zees Honey	Zee Zees Honey	Zee Zees Honey Roasted			
	Imperial Energy Blend	Sunflower Kernels	Sunflower Kernels	Sunflower Kernels	Sunflower Kernels	Sunflower Kernels	Roasted Sunflower Kernels	Roasted Sunflower Kernels	Sunflower Kernels			
	Electrolyte Drink Packets											
B10 - E	y Maple Granola B			_								
	Maple Almond Granola, 12oz	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag		Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag	Bob's Red Mill Granola, 1/2 bag			
	Country Meats Sticks - Sweet Maple Bacon										Savory Wild Portabella Jerky	Savory Wild Portabella Jerky
	Welch's Fruit 'n Yogurt Snacks - Blueberry Acai				Craisins	Craisins	Craisins				r ortabella serky	i ortabella serky
	Nature Valley Fruit & Nut Bars		88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar	88 Acres Dark Chocolate Sea Salt Seed + Oat Bar							
	Zee Zees Honey Roasted Sunflower Kernels											
-	That's Smart Dry Milk Powder Electrolyte Drink Packets					No Milk	No Milk					
B11 - P	otein Bars B											
	Clif Protein Bars	Made Good Granola Bars (3)	Made Good Granola Bars (3)	Made Good Granola Bars (3)	Made Good Granola Bars (3)	Made Good Granola Bars (3)	Made Good Granola Bars (3)	Made Good Granola Bars (3)				
	Highland Beef Original Deli Sticks					<u> </u>					Vegan Jerky	Vegan Jerky

Meal	Wheat/Gluten	Peanut	Tree Nut	òo s	Lactose Intolerant	Milk/Dairy Allergy	Sesame	Eggs	Fish	Red Meat	Vegetarian (Not Vegan)
Craisins - Orange											
Power Snacks Tropical Treasures	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	7ee 7ees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix				
Planters Honey Roasted Peanuts		Zee Zees Honey Roasted Sunflower Kernels	Zee Zees Honey Roasted Sunflower Kernels								
Ocean Spray Yogurt-Dipped Cranberry Bites				Craisins (2)	Craisins (2)	Craisins (2)					
Electrolyte Drink Packets											
2 - Apple Cinnamon Oatmeal B											
Quaker Protein Instant Oatmeal - Apples & Cinnamon				Cream of Wheat, Original (2)	Cream of Wheat Original (2)	Cream of Wheat, Original (2)					
Peeled Snacks Dried Apples	Craisins (2)		Craisins (2)	Craisins (2)							
Country Meats Sticks - Sweet Annie Brown										Vegan Jerky	Vegan Jerky
Materne GoGo Squeez Applesauce - Apple Apple											
Our Family Peanut Almond Dark Chocolate Protein Bars		Cascadian Farms Vanilla Chip Granola Bars (2)	Cascadian Farms Vanilla Chip Granola Bars (2)	Cascadian Farms Vanilla Chip Granola Bars (2)		Cascadian Farms Vanilla Chip Granola Bars (2)					
Planters Nuts & Chocolate Trail Mix		Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix	Zee Zees Sweet Heat Trail Mix					
Electrolyte Drink Packets											1

L1 - Fres	Meal sh Lunch	Wheat/Gluten	Peanut	Tree Nut	Aos	Lactose Intolerant	Milk/Dairy Allergy	Sesame	E 885 s	Fish	Red Meat	Vegetarian (Not Vegan)
	Fresh Bread	Gluten-Free Bread			Gluten-Free Bread			Gluten-Free Tortilla				
	Turkey/Chicken Lunch Meat, 1lb Pack											Vegan Jerky (2)
	Our Family American Cheese Slices					Hummus	Hummus					
	Fresh Apples											
	Crav'n Animal Crackers	Made Good Cookies			Made Good Cookies							
	Mustard Packets											
	Mayonnaise Packets								Hummus			
	Electrolyte Drink Packets											
L2 - Bag	gels											
	Lender's Bagels, 6ct	Gluten-Free Bun (2 buns)			Gluten-Free Bun (2 buns)							
	DYMA PB&J Sleeves		Wowbutter + Jelly singles									
	Mott's Fruit Snacks, Mixed Berry											
$\vdash$	Dried Veggie Snacks [CHECK PRODUCT] Lay's Stax				Enjoy Life Lentil Chips			<del> </del>				<del>                                     </del>
	Electrolyte Drink Packets				Engoy and centil emps			1				
L3 - Chi	cken Salad Pita					al	a					
	Grecian Delight Chicago-Style Pita, 10ct	Gluten-Free Tortillas			Gluten-Free Tortillas	Gluten-Free Tortillas	Gluten-Free Tortillas					Savory Wild
	Starkist Premium White Chicken Pouches											Portabella Jerky
	Austin Peanut Butter Crackers	Enjoy Life Lentil Chips	Enjoy Life Lentil Chips		Enjoy Life Lentil Chips	Enjoy Life Lentil Chips	Enjoy Life Lentil Chips					T O'LUDENG SETRY
							88 Acres Dark					
	Pearson's Salted Nut Rolls	88 Acres Dark Chocolate Sea Salt + Oat Bar	88 Acres Dark Chocolate Sea Salt + Oat Bar	88 Acres Dark Chocolate Sea Salt + Oat Bar	88 Acres Dark Chocolate Sea Salt + Oat Bar	88 Acres Dark Chocolate Sea Salt + Oat Bar	Chocolate Sea Salt + Oat Bar		88 Acres Dark Chocolate Sea Salt + Oat Bar			
	Fruit Roll Ups - Crazy Colors											
	Mustard Packets											
	Mayonnaise Packets Relish Packets								Hummus			
	Electrolyte Drink Packets											
			•	•		•			•		•	
L4 - Sun	nmer Sausage Crackers											
	Appleways Veggie Crackers	Enjoy Life Lentil Chips			Enjoy Life Lentil Chips	Enjoy Life Lentil Chips	Enjoy Life Lentil Chips					
	Highland Beef Cheese Wedges, Original					Hummus	Hummus					
	Elliott's Up North Summer Sausages										Vegan Jerky (3)	Vegan Jerky (3)
	Materne GoGo Squeez Applesauce - Cinnamon That's It Fruit Bars											
	Zee Zees Grahamz	Made Good Cookies			Made Good Cookies							
	Electrolyte Drink Packets					<u> </u>						
L5 - Hud	dson Bay Bread											
	Hudson Bay Bread						88 Acres Banana Bread Protein Bar + Nature's Bakery GF Fig Bar					
$\vdash$	DYMA PB&J Sleeves		Wowbutter + Jelly singles					<del>                                     </del>			1	+
	Peeled Snacks Dried Apples	Craisins	Tany singles	Craisins	Craisins			<u> </u>				
	Zee Zees Half Popped Popcorn - Salsa				Zee Zees Crunchers, Ranch							
	Electrolyte Drink Packets							L				
16 - Por	pperoni Pizza											
10-1-61	Our Family Tortillas	Gluten-Free Tortillas										
	Highland Beef Mozzarella Cheese Block					Hummus	Hummus					
	Hormel Pepperoni Slices										Savory Wild Portabella Jerky	Savory Wild Portabella Jerky
	Contadina Pizza Squeeze Pizza Sauce				Hummus							
	Fruithaven Dried Cherries				m 1 115 mm							
	Twizzlers, 16oz	Enjoy Life Chocolate Bar Minis (3)			Enjoy Life Chocolate Bar Minis (3)							
$\vdash$	Electrolyte Drink Packets							L				
1												

	Meal	Wheat/Gluten	Peanut	Tree Nut	Soy	Lactose intolerant	Milk/Dairy Allergy	Sesame	Eggs	Fish	Red Meat	Vegetarian (Not Vegan)
L7 - Ba	gel Chips & Hummus											
	New York Style Bagel Crisps - Roasted Garlic	Gluten-Free Crackers										
	Zee Zees Hummus - Original										Chef's Cut Chicken	Vegan Jerky +
	Highland Beef Beef & Cheddar Sticks					Highland Beef Deli Stick	Highland Beef Deli Stick				Jerky	Hummus
	Kar's Honey Cashews			Zee Zee's Honey Roasted Sunflower Kernels								
	Materne GoGo Squeez Applesauce - Cinnamon											
	Rice Krispies Treats				Blake's Crispy Treats (2)	Blake's Crispy Treats (2)	Blake's Crispy Treats (2)					
	Electrolyte Drink Packets											
L8 - Chi	icken Salad & Crackers											
	Keebler Townhouse Crackers	Gluten-Free Crackers			Gluten-Free Crackers							Savory Wild
	Starkist Premium White Chicken Pouches											Portabella Jerky
	Zee Zees Honey Roasted Sunflower Kernels											
	Glutino Covered Pretzels				Cascadian Farms Vanilla Chip Granola Bar	Cascadian Farms Vanilla Chip Granola Bar	Cascadian Farms Vanilla Chip Granola Bar					
	That's It Fruit Bars											
	Mustard Packets Mayonnaise Packets								No Mayo			
	Relish Packets								NO IVIAYO			
	Electrolyte Drink Packets											
L9 - Hu	idson Bay Bread B											
	Hudson Bay Bread						88 Acres Banana Bread Protein Bar + Nature's Bakery GF Fig Bar					
	DYMA PB&J Sleeves		Wowbutter + Jelly singles									
	Fruithaven Sour Berries											
	Zee Zees Half Popped Popcorn - Salsa Electrolyte Drink Packets											
L10 - St	ummer Sausage & Crackers B Cheeze-It Grooves Sharp White Cheddar											
	Crackers	Gluten-Free Crackers			Enjoy Life Lentil Chips	Gluten-Free Crackers	Gluten-Free Crackers					
	Highland Beef Cheese Wedges, Original					Hummus	Hummus					
	Elliott's Up North Summer Sausages										Vegan Jerky (3)	Vegan Jerky (3)
	Zee Zees Soft Baked Bars - Blueberry Lemon	88 Acres Banana Bread Protein Bar			88 Acres Banana Bread Protein Bar							
	Zee Zees Soft Baked Bars - Blueberry Lemon That's It Fruit Bars Electrolyte Drink Packets	88 Acres Banana Bread Protein Bar										
111 P.	That's It Fruit Bars Electrolyte Drink Packets	88 Acres Banana Bread Protein Bar										
L11 - B	That's It Fruit Bars Electrolyte Drink Packets ean Burrito Crackers	88 Acres Banana Bread Protein Bar Gluten-Free Crackers				Gluten-Free Crackers	Gluten-Free Crackers					
L11 - B	That's It Fruit Bars Electrolyte Drink Packets  ean Burrito Grackers Town House Pita Crackers - Everything Zee Zees Bean Dipz	Bar			Bar							
L11 - B	That's It Fruit Bars Electrolyte Drink Packets  ean Burrito Crackers Town House Pita Crackers - Everything Zee Zees Bean Dipz Highland Beef Mozzarella Blocks	Bar			Bar	Gluten-Free Crackers Hummus	Gluten-Free Crackers Hummus					
L11 - B	That's It Fruit Bars Electrolyte Drink Packets  ean Burrito Crackers  Town House Pita Crackers - Everything Zee Zees Bean Dipz Highland Beef Mozzarella Blocks Zee Zees Half Popped Popcorn - Cocoa Churro	Bar			Bar							
L11 - B	That's It Fruit Bars Electrolyte Drink Packets  ean Burrito Crackers Town House Pita Crackers - Everything Zee Zees Bean Dipz Highland Beef Mozzarella Blocks Zee Zees Half Popped Popcorn - Cocoa Churro Mott's Fruit Snacks, Berry	Bar Gluten-Free Crackers			Bar  Enjoy Life Lentil Chips							
L11 - B	That's It Fruit Bars Electrolyte Drink Packets  ean Burrito Crackers  Town House Pita Crackers - Everything Zee Zees Bean Dipz Highland Beef Mozzarella Blocks Zee Zees Half Popped Popcorn - Cocoa Churro	Bar			Bar							
	That's It Fruit Bars Electrolyte Drink Packets  ean Burrito Crackers Town House Pita Crackers - Everything Zee Zees Bean Dipz Highland Beef Mozzarella Blocks Zee Zees Half Popped Popcorn - Cocoa Churro Mott's Fruit Snacks, Berry Twizzlers, 16oz Electrolyte Drink Packets	Bar Gluten-Free Crackers			Bar  Enjoy Life Lentil Chips							
	That's It Fruit Bars Electrolyte Drink Packets  ean Burrito Crackers  Town House Pita Crackers - Everything Zee Zees Bean Dipz Highland Beef Mozzarella Blocks Zee Zees Half Popped Popcorn - Cocoa Churro Mott's Fruit Snacks, Berry Twizzlers, 1602	Bar Gluten-Free Crackers			Bar  Enjoy Life Lentil Chips							
	That's It Fruit Bars Electrolyte Drink Packets  ean Burrito Crackers Town House Pita Crackers - Everything Zee Zees Bean Dipz Highland Beef Mozzarella Blocks Zee Zees Half Popped Popcorn - Cocoa Churro Mott's Fruit Snacks, Berry Twizzlers, 1602 Electrolyte Drink Packets  una & Triscuits	Bar Gluten-Free Crackers  Made Good Cookies (2)			Bar  Enjoy Life Lentil Chips					Chicken		Savory Wild Portabella Jarky
	That's It Fruit Bars Electrolyte Drink Packets  can Burrito Crackers Town House Pita Crackers - Everything Zee Zees Bean Dipz Highland Beef Mozzarella Blocks Zee Zees Half Popped Popcorn - Cocoa Churro Mott's Fruit Snacks, Berry Twizzlers, 1602 Electrolyte Drink Packets una & Triscults Triscults - Fire Roasted Tomato and Olive Oil	Bar Gluten-Free Crackers  Made Good Cookies (2)			Bar  Enjoy Life Lentil Chips					Chicken		Savory Wild Portabella Jerky

	Meal	Wheat/Gluten	Peanut	Tree Nut	vos	Lactose Intolerant	Milk/Dairy Allergy	Sesame	Eggs	Fish	Red Meat	Vegetarian (Not Vegan)
	Kar's Salted Almonds			Zee Zee's Honey Roasted Sunflower Kernels	Zee Zee's Honey Roasted Sunflower Kernels	Zee Zee's Honey Roasted Sunflower Kernels	Zee Zee's Honey Roasted Sunflower Kernels	Zee Zee's Honey Roasted Sunflower Kernels				
	Electrolyte Drink Packets											
L13 - P	epperoni Pizza Bites											
	New York Style Bagel Crisps - Roasted Garlic	Gluten-Free Crackers										
	Hormel Pepperoni Slices											Savory Wild Portabella Jerky
	Highland Beef Gouda Cheese Dip					Hummus	Hummus					
	Crav'n Animal Crackers	Made Good Cookies			Made Good Cookies							
	Sun-Maid Yogurt Covered Raisins				Craisins	Craisins	Craisins					
	Electrolyte Drink Packets											

D1 - Va	Meal oyageur Fajita	Wheat/Gluten	Peanut	Tree Nut	sov	Lactose Intolerant	Milk/Dairy Allergy	Sesame	Eggs	Fish	Red Meat	Vegetarian (Not Vegan)
D	Our Family Tortillas	Gluten-Free Tortillas										
	Our Family Spanish Rice				İ							J
	Frozen Chicken, 1.5lb Pack				1							
	Green Peppers	Good To-Go Cuban Rice Bowl (2)			Good To-Go Cuban Rice Bowl (2)	Good To-Go Mexican Quinoa	Good To-Go Mexican		Good To-Go Cuban Rice			Good To-Go Cuban
	Onions					Bowl (3)	Quinoa Bowl (3)		Bowl <b>(2)</b>			Rice Bowl (2)
	Our Family Fajita Seasoning											
	Herdez Taqueria Street Sauce, Roja			No Sauce								
	Bongards Cheddar Cheese Block, 16oz					Hummus	Hummus					
	Our Family Chocolate Pudding Mix					Enjoy Life Chocolate Bar Minis (3)						
- ·	3 10 10											
D2 - No	orthwoods Spaghetti Rotini Pasta											
	Rotini Pasta Freeze Dried Hamburger Crumbles, 9oz	┥		<u> </u>							1	
<b>—</b>	Tomato Powder, 4.5oz	┥									Good To-Go Pasta	Good To-Go Pasta
-	Lawry's Spaghetti Seasoning	Good To-Go Pasta Marinara (2)									Marinara (2)	Marinara (2)
	Green Peppers	_										
	Onions				İ							
	Lender's Bagels, 6ct	Gluten-Free Bun (2 buns)			Gluten-Free Bun (2 buns)							
	Betty Crocker Fudge Brownie Mix	Made Good Soft Baked Mini Cookies (2)				Made Good Soft Baked Mini Cookies (2)	Made Good Soft Baked Mini Cookies (2)					
D3 - Ke	ekakabic Supreme											
D3 - 110	Our Family Scalloped Potatoes			16							Good To-Go Herbed	
	Freeze Dried Sausage Crumbles, 9oz	Good To-Go Herbed Mushroom				Good To-Go Herbed	Good To-Go Herbed				Mushroom Risotto	Good To-Go Herbed
	Freeze Dried Corn, 4.5oz	Risotto			İ	Mushroom Risotto	Mushroom Risotto					Mushroom Risotto
											(2)	
	Bisquick Complete Biscuit Mix - Buttermilk	Gluten-Free Tortilla			Gluten-Free Tortilla	Gluten-Free Tortilla	Gluten-Free Tortilla		Gluten-Free Tortilla		(2)	
	Bisquick Complete Biscuit Mix - Buttermilk  Betty Crocker Blueberry Muffin Mix	Gluten-Free Tortilla  Made Good Soft Baked Mini Cookies (2)			Gluten-Free Tortilla	Gluten-Free Tortilla  Made Good Soft Baked Mini Cookies (2)	Gluten-Free Tortilla  Made Good Soft Baked Mini Cookies (2)		Gluten-Free Tortilla		(2)	
D4 P4	Betty Crocker Blueberry Muffin Mix	Made Good Soft Baked Mini			Gluten-Free Tortilla	Made Good Soft Baked Mini	Made Good Soft Baked		Gluten-Free Tortilla		(2)	
D4 - Pc	Betty Crocker Blueberry Muffin Mix	Made Good Soft Baked Mini			Gluten-Free Tortilla	Made Good Soft Baked Mini	Made Good Soft Baked		Gluten-Free Tortilla		(2)	
D4 - Pc	Betty Crocker Blueberry Muffin Mix  50 Bah Burgoo  Freeze Dried Chicken, 90z	Made Good Soft Baked Mini Cookies (2)			Gluten-Free Tortilla	Made Good Soft Baked Mini Cookies (2)	Made Good Soft Baked Mini Cookies (2)		Gluten-Free Tortilla		(2)	Good To-Go Kala &
D4 - Pc	Betty Crocker Blueberry Muffin Mix  Do Bah Burgoo Freeze Dried Chicken, 9oz Shore Lunch Wild Rice Soup Mix	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean			Gluten-Free Tortilla	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White	Made Good Soft Baked Mini Cookies (2) Good To-Go Kale &		Gluten-Free Tortilla		(2)	Good To-Go Kale & White Bean Stew (2)
D4 - Pc	Betty Crocker Blueberry Muffin Mix  20 Bah Burgoo Freeze Dried Chicken, 90z Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 13oz	Made Good Soft Baked Mini Cookies (2)			Gluten-Free Tortilla	Made Good Soft Baked Mini Cookies (2)	Made Good Soft Baked Mini Cookies (2)		Gluten-Free Tortilla		(2)	Good To-Go Kale & White Bean Stew (2)
D4 - Pc	Betty Crocker Blueberry Muffin Mix  Do Bah Burgoo Freeze Dried Chicken, 9oz Shore Lunch Wild Rice Soup Mix	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean			Giuten-Free Tortilla  Giuten-Free Tortilla	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White	Made Good Soft Baked Mini Cookies (2) Good To-Go Kale &		Gluten-Free Tortilla		(4)	
D4 - Pc	Betty Crocker Blueberry Muffin Mix  DO Bah Burgoo  Freeze Dried Chicken, 90z  Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 130z  Freeze Dried Peas, 4.50z	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla Pamela's Products GF Honey			Gluten-Free Tortilla Pamela's Products GF Honey	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White	Made Good Soft Baked Mini Cookies (2) Good To-Go Kale &		Gluten-Free Tortilla		(2)	
D4 - Pc	Betty Crocker Blueberry Muffin Mix  DO Bah Burroo  Freeze Dried Chicken, 90z  Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 130z  Freeze Dried Peas, 4.50z  Grecian Delight Chicago-Style Pita, 10ct	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla			Gluten-Free Tortilla	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White	Made Good Soft Baked Mini Cookies (2) Good To-Go Kale &		Gluten-Free Tortilla		(4)	
D4 - Pc	Betty Crocker Blueberry Muffin Mix  Do Bah Burgoo  Freeze Dried Chicken, 902  Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 1302  Freeze Dried Peas, 4.502  Grecian Delight Chicago-Style Pita, 10ct  That's Smart Honey Graham Crackers	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla Pamela's Products GF Honey			Gluten-Free Tortilla Pamela's Products GF Honey	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White	Made Good Soft Baked Mini Cookies (2) Good To-Go Kale &		Gluten-Free Tortilla		(2)	
	Betty Crocker Blueberry Muffin Mix  DO Bah Burgoo Freeze Dried Chicken, 9oz Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 13oz Freeze Dried Peas, 4.5oz Grecian Delight Chicago-Style Pita, 10ct That's Smart Honey Graham Crackers Our Family Marshmallows Hershey's Milk Chocolate Bars	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla Pamela's Products GF Honey			Gluten-Free Tortilla Pamela's Products GF Honey Graham Crackers	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate		Gluten-Free Tortilla		(2)	
	Betty Crocker Blueberry Muffin Mix  DO Bah Burgoo Freeze Dried Chicken, 9oz Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 13oz Freeze Dried Peas, 4.5oz Grecian Delight Chicago-Style Pita, 10ct That's Smart Honey Graham Crackers Our Family Marshmallows Hershey's Milk Chocolate Bars	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla Pamela's Products GF Honey			Gluten-Free Tortilla Pamela's Products GF Honey Graham Crackers	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate		Gluten-Free Tortilla			
	Betty Crocker Blueberry Muffin Mix  Do Bah Burgoo Freeze Dried Chicken, 9oz Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 13oz Freeze Dried Peas, 4.5oz Grecian Delight Chicago-Style Pita, 10ct That's Smart Honey Graham Crackers Our Family Marshmallows Hershey's Milk Chocolate Bars  Macaroni Pasta Macaroni Pasta	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla Pamela's Products GF Honey			Gluten-Free Tortilla Pamela's Products GF Honey Graham Crackers	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate		Gluten-Free Tortilla			
	Betty Crocker Blueberry Muffin Mix  DO Bah Burgoo Freeze Dried Chicken, 9oz Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 13oz Freeze Dried Peas, 4.5oz Grecian Delight Chicago-Style Pita, 10ct That's Smart Honey Graham Crackers Our Family Marshmallows Hershey's Milk Chocolate Bars  Darile's Kraft Bacon Mac Macaroni Pasta Oscar Mayer Bacon Bits	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla Pamela's Products GF Honey Graham Crackers			Giuten-Free Tortilla Pamela's Products GF Honey Graham Crackers Enjoy Life Chocolate Bar	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate Bar	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate Bar  Good To-Go Bimbimbap		Gluten-Free Tortilla		(4)	
	Betty Crocker Blueberry Muffin Mix  DO Bah Burgoo Freeze Dried Chicken, 90z Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 13oz Freeze Dried Peas, 4.50z Grecian Delight Chicago-Style Pita, 10ct That's Smart Honego-Style Pita, 10ct That's Smart Honego-Style Pita, 10ct Our Family Marshmallows Hershey's Milk Chocolate Bars  harlie's Kraft Bacon Mac Macaroni Pasta Oscar Mayer Bacon Bits Cheese Sauce Powder, 4.5oz	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla Pamela's Products GF Honey			Gluten-Free Tortilla Pamela's Products GF Honey Graham Crackers	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate Bar		Gluten-Free Tortilla			White Bean Stew (2)
	Betty Crocker Blueberry Muffin Mix  Do Bah Burgoo Freeze Dried Chicken, 90z Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 130z Freeze Dried Peas, 4.50z Grecian Delight Chicago-Style Pita, 10ct That's Smart Honey Graham Crackers Our Family Marshmallows Hershey's Milk Chocolate Bars  Macaroni Pasta Oscar Mayer Bacon Bits Cheese Sauce Powder, 4.50z Freeze Dried Green Beans, 4.50z	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla Pamela's Products GF Honey Graham Crackers			Giuten-Free Tortilla Pamela's Products GF Honey Graham Crackers Enjoy Life Chocolate Bar	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate Bar	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate Bar  Good To-Go Bimbimbap		Gluten-Free Tortilla		Good To-Go	White Bean Stew (2)  Good To-Go
	Betty Crocker Blueberry Muffin Mix  DO Bah Burgoo Freeze Dried Chicken, 90z Shore Lunch Wild Rice Soup Mix Highland White Rice, Parboiled, 13oz Freeze Dried Peas, 4.50z Grecian Delight Chicago-Style Pita, 10ct That's Smart Honego-Style Pita, 10ct That's Smart Honego-Style Pita, 10ct Our Family Marshmallows Hershey's Milk Chocolate Bars  harlie's Kraft Bacon Mac Macaroni Pasta Oscar Mayer Bacon Bits Cheese Sauce Powder, 4.5oz	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Gluten-Free Tortilla Pamela's Products GF Honey Graham Crackers			Giuten-Free Tortilla Pamela's Products GF Honey Graham Crackers Enjoy Life Chocolate Bar	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate Bar	Made Good Soft Baked Mini Cookies (2)  Good To-Go Kale & White Bean Stew (2)  Enjoy Life Chocolate Bar  Good To-Go Bimbimbap		Gluten-Free Tortilla		Good To-Go	White Bean Stew (2)  Good To-Go

	Meal	Wheat/Gluten	Peanut	Tree Nut	vos	Lactose Intolerant	Milk/Dairy Allergy	Sesame	E885	Fish	Red Meat	Vegetarian (Not Vegan)
D6 - Chi	li Mac Macaroni Pasta											
-	Shore Lunch Chili Mix	-										
	Cheese Sauce Powder, 4.5oz	Good To-Go Smoked Three Bean				Good To-Go Smoked Three	Good To-Go Smoked					Good To-Go Smoked
	Freeze Dried Hamburger Crumbles, 9oz	Chili (2)				Bean Chili (2)	Three Bean Chili (2)				Three Bean Chili (2)	Three Bean Chili (2)
	Freeze Dried Corn, 4.5oz											
	Cornbread Mix	Made Good Cookies (2)				Made Good Cookies (2)	Made Good Cookies (2)					
	COMBICAG IVIIX	Wade Good Cookies (2)				Iviade dood cookies (2)	Wade Good Cookies (2)					
	Betty Crocker Chocolate Chip Muffin Mix	Made Good Cookies (2)			Made Good Cookies (2)	Made Good Cookies (2)	Made Good Cookies (2)					
D7 Pos	to Pasta											
D/ - Fes	Egg Noodles, 16oz											
	Freeze Dried Chicken, 9oz	1			1							1
	Knorr Pesto Seasoning	Good To-Go Pasta Marinara (2)			Good To-Go Pasta Marinara (2)	Good To-Go Pasta Marinara	Good To-Go Pasta					Good To-Go Pasta
	Kraft Parmesan Cheese, 3oz				]	(2)	Marinara (2)					Marinara (2)
	Freeze Dried Carrots, 4.5oz											
	Bisquick Complete Biscuit Mix - Buttermilk	GF Crackers				GF Crackers	GF Crackers		GF Crackers			
	Individual Packaged Cookies	Made Good Cookies		Made Good Cookies	Made Good Cookies	Made Good Cookies	Made Good Cookies					
De Pos	l Beans & Rice											
	Zatarain's Red Beans & Rice Mix											
	Catallia 8" Tortillas, 12ct	Good To-Go Cuban Rice Bowl (2)			Good To-Go Cuban Rice Bowl (2)						Good To-Go Mexican	Good To-Go Cuban
	Freeze Dried Sausage, 9oz	+ Gluten-Free Tortilla			+ Gluten-Free Tortilla						Quinoa Bowl (2)	Rice Bowl (2)
	Freeze Dried Corn, 4.5oz											
	Our Family No-Bake Cheesecake Mix	Enjoy Life Chocolate Bars (2)				Enjoy Life Chocolate Bars (2)	Enjoy Life Chocolate Bars (2)					
	That's Smart Honey Graham Crackers	Pamela's Products GF Honey			Pamela's Products GF Honey							
	Triat's Smart Honey Granam Crackers	Graham Crackers			Graham Crackers							
DO PRO	Q Chicken											
	Freeze Dried Chicken, 9oz											
	Idahoan Instant Mashed Potatoes					Gluten-Free Tortillas	Gluten-Free Tortillas					Good To-Go Mexican
	Freeze Dried Peas, 4.5oz											Quinoa Bowl (2)
	Cornbread Mix	Made Cood Cookies (2)				Made Good Cookies (2)	Made Cond Control (2)					
		Made Good Cookies (2)					Made Good Cookies (2)					
	Ritz Cheese Crispers - Four Cheese & Herb	Enjoy Life Lentil Chips			Enjoy Life Lentil Chips	Enjoy Life Lentil Chips						
	Our Family Vanilla Pudding Mix					Enjoy Life Chocolate Bar	Enjoy Life Chocolate Bar					
	Vanilla Wafers	Kinnikinnick GF Vanilla Wafers			Kinnikinnick GF Vanilla Wafers	Kinnikinnick GF Vanilla Wafers	Kinnikinnick GF Vanilla Wafers		Made Good Cookies			1
	BBQ Sauce Packets						waters					
•	bbq saace rackets	•					l	I	l .		I	
D10 - En	chilladas											
	Shore Lunch Tortilla Soup Mix				1							1
	Catallia 8" Tortillas, 12ct	_			4							Good To-Go Cuban
-	Our Family Spanish Rice	Good To-Go Cuban Rice Bowl (2)			Good To-Go Cuban Rice Bowl (2)	Good To-Go Mexican Quinoa Bowl (2) + Gluten-Free	Good To-Go Mexican Quinoa Bowl (2) +		Good To-Go Cuban Rice			Rice Bowl (2) +
-	Freeze Dried Chicken, 9oz Sour Cream Powder, 4.5oz	+ Gluten-Free Tortillas			+ Gluten-Free Tortillas	Tortillas	Gluten-Free Tortillas		Bowl (2) + Gluten-Free Tortillas			Tortilla (no separate
	Freeze Dried Black Beans, 4.5oz	1			†	Torunas	Gluten-free fortillas		Tortillas			tortillas packed)
	Freeze Dried Corn, 4.5oz	1			1							
	Our Family Classic Yellow Cake Mix	Made Good Cookies (2)			Made Good Cookies (2)	Made Good Cookies (2)	Made Good Cookies (2)		Made Good Cookies (2)			
	arlie's Kraft Tuna Mac											
-	Macaroni Pasta Tuna Pouches	4			-							<u> </u>
<del>     </del>	Cheese Sauce Powder, 4.5oz	Good To-Go Bimbimbap (2)			Good To-Go Cuban Rice Bowl (2)	Good To-Go Bimbimbap (2)	Good To-Go Bimbimbap					Good To-Go
	Freeze Dried Peas, 4.5oz	SSSG TO GO BIIIIBIIIBAD (2)			2000 TO GO CUDUIT NICE BOWI (2)	COCC TO GO DIIIIDIIIIDAP (Z)	(2)					Bimbimbap (2)
	Freeze Dried Carrots, 4.5oz	1			1							1
	Betty Crocker Blueberry Muffin Mix	Made Good Cookies (2)			Made Good Cookies (2)						İ	
	orthwoods Spaghetti B						1					
$\vdash$	Rotini Pasta	4		-	1		1				-	
-	Freeze Dried Hamburger Crumbles, 9oz	Good To-Go Pasta Marinara (2)			<del> </del>						Good To-Go Pasta	Good To-Go Pasta
	Tomato Powder, 4.5oz Lawry's Spaghetti Seasoning	GOOD 10-GO Pasta Wal iildid (2)			<del> </del>						Marinara (2)	Marinara (2)
	LOWIY 3 SPARTICLU SCASOTHING			L	1		l .	l .	l .		J	

Meal	Wheat/Gluten	Peanut	Tree Nut	Soy	Lactose Intolerant	Milk/Dairy Allergy	Sesame	5 <i>8</i> 83	Fish	Red Meat	Vegetarian (Not Vegan)
Freeze Dried Green Beans, 4.5oz											
	Made Good Soft Baked Mini Cookies (2)				Made Good Soft Baked Mini Cookies (2)	Made Good Soft Baked Mini Cookies (2)					

Meal	Wheat/Gluten	Peanut	Tree Nut	òos	Lactose Intolerant	Milk/Dairy Allergy	Sesame	Eggs	Fish	Red Meat	Vegetarian (Not Vegan)
A&E-Additional Items & Essentials	Wheat/Gluten Free?	Peanut Free?	Tree Nut Free?	Soy Free?	Lactose Free?	Dairy Free	Sesame Free?	Egg Free?	Fish Free?	Red Meat Free?	Vegetarian (Not Vegan)?
A&E Bannock	X	1	1	<b>4</b>	1	1	<b>4</b>	1	1	1	1
A&E Fish Fry	X	1	1	X	X	х	1	1	1	1	1
A&E Popcorn, 4.5oz	1	1	1	<b>V</b>	1	1	1	1	1	1	1
A&E Parkay Butter, 12oz	1	1	1	X	1	1	1	1	1	1	1
A&E Canola Oil, 16oz	1	1	<b>4</b>	<b>4</b>	4	1	✓	1	1	✓	1
A&E That's Smart Dry Milk Powder	1	1	<b>4</b>		x	Х	✓	1	<b>√</b>	✓	<b>√</b>
A&E White Sugar, 1lb	1	1	1		1	<b>✓</b>	✓	<b>✓</b>	✓	✓	✓
A&E Brown Sugar, 1lb	1	1	✓		✓	<b>√</b>	✓	<b>~</b>	✓	1	✓
A&E Powdered Sugar, 1lb	1	1	✓		✓	1	✓	<b>\</b>	✓	1	✓
A&E Cochlan's Multi Spice Wheel	1	1	1		<b>4</b>	<b>✓</b>	✓	✓	<b>√</b>	✓	✓
A&E Fresh Carrots, Large	1	1	<b>4</b>		<b>√</b>	<b>✓</b>	✓	<b>~</b>	<b>√</b>	<b>√</b>	✓
A&E Fresh Potatoes	<b>1</b>	<b>4</b>	<b>√</b>		<b>√</b>	<b>✓</b>	<b>√</b>	<b>~</b>	<b>√</b>	<b>~</b>	✓
A&E Fresh Onions	<b>√</b>	<b>4</b>	<b>√</b>		<b>√</b>	<b>✓</b>	<b>√</b>	<b>~</b>	<b>√</b>	<b>~</b>	✓
A&E Fresh Peppers	1	<b>√</b>	<b>4</b>		<b>√</b>	<b>✓</b>	<b>√</b>	<b>~</b>	<b>√</b>	<b>~</b>	✓
BVG-Beverages	Wheat/Gluten Free?	Peanut Free?	Tree Nut Free?	Soy Free?	Lactose Free?	Dairy Free	Sesame Free?	Egg Free?	Fish Free?	Red Meat Free?	Vegetarian (Not Vegan)?
BVG Maxwell House Coffee Packets	<b>4</b>	<b>√</b>	✓	✓	✓	<b>√</b>	✓	<b>~</b>	<b>√</b>	<b>√</b>	<b>√</b>
BVG Coffee, Decaf	<b>√</b>	<b>√</b>	1	<b>√</b>	✓	1	✓	<b>~</b>	<b>√</b>	<b>√</b>	✓
BVG Lipton Black Tea Bags, Regular	<b>√</b>	<b>√</b>	1	<b>√</b>	✓	1	1	<b>~</b>	<b>√</b>	<b>√</b>	<b>√</b>
BVG Lipton Black Tea Bags, Decaf	<b>1</b>	<b>4</b>	<b>4</b>	<b>√</b>	<b>√</b>	<b>✓</b>	<b>√</b>	<b>&gt;</b>	<b>√</b>	<b>~</b>	✓
BVG Swiss Miss Hot Chocolate Packets	<b>1</b>	<b>4</b>	<b>√</b>	<b>√</b>	х	<b>✓</b>	<b>√</b>	<b>~</b>	<b>√</b>	<b>~</b>	✓
BVG Alpine Apple Cider Packets	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
BVG Sugar Packets	✓	✓	✓	✓	✓	✓	✓	1	✓	✓	✓
BVG Non-Dairy Creamer Packets	✓	✓	✓	✓	✓	✓	✓	1	✓	✓	✓
BVG Stevia Packets	✓	✓	✓	✓	✓	✓	✓	1	✓	✓	✓
BVG Electrolyte Drink Mix	<b>√</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CDMT - Condiments	Wheat/Gluten Free?	Peanut Free?	Tree Nut Free?	Soy Free?	Lactose Free?	Dairy Free	Sesame Free?	Egg Free?	Fish Free?	Red Meat Free?	Vegetarian (Not Vegan)?
CDMT Ketchup Packets	1	✓	1	<b>√</b>	1	1	✓	1	✓	1	1
CDMT Mustard Packets	✓	✓	1	✓	✓	✓	✓	✓	✓	✓	✓
CDMT Cholula Hot Sauce Packets	✓	✓	1	✓	✓	✓	✓	✓	✓	✓	✓
CDMT BBQ Sauce Packets	✓	✓	1	✓	✓	✓	✓	✓	✓	✓	✓
CDMT Mayonnaise Packets	✓	✓	1	✓	✓	✓	✓	Х	✓	✓	✓
CDMT Relish Packets	✓	✓	1	✓	✓	✓	✓	✓	✓	✓	✓
CDMT Soy Sauce Packets	1	<b>√</b>	1	X	✓	<b>√</b>	✓	<b>~</b>	1	✓	✓
CDMT Parmesan Cheese	1	<b>√</b>	1	<b>✓</b>	✓	X	✓	<b>~</b>	1	✓	<b>√</b>
CDMT Honey Packets	✓	✓	1	<b>√</b>	1	1	✓	1	✓	✓	1
CDMT Ranch Packets	✓	✓	1	<b>√</b>	Х	X	✓	X	✓	✓	1
CDMT Picante Sauce	✓	✓	1	<b>√</b>	1	1	1	1	✓	✓	1
CDMT Our Family Chili Seasoning Packets	x	✓	1	х	Х	Х	✓	Х	<b>√</b>	<b>√</b>	✓
	1	1	1	1	1	1	1	1	1	1	1
CDMT Red Pepper Flakes/Black Pepper/Salt Packets		•	v		· · · · · · · · · · · · · · · · · · ·	•	•	•		•	•

1

✓

✓

✓

✓

1

\frac{1}{4}

✓

Pasta Marinara Bimbimbap

#4 Mexican Quinoa Bowl #5 Smoked Three Bean Chili Other Cuban Rice Bowl Other Kale and White Bean Stew

Mushroom Risotto/Herbed Mushroom Risotto

✓

✓

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